


# April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Activities in <b>Blue</b> require you to sign up in the notebook at the front desk.  Special events are in <b>Red</b> .	<b>1</b> 11:00 Skip-Bo AR 11:00 Hy-Vee 12:00 Chair Massages 1:00 Sr Fitness SDR 2:15 Library Outing	<b>2</b> 11:00 Book Club LSL 3:00 Games AR	<b>3</b> 10:00 Wellness Wednesday 1:00 Senior Fitness Class SDR 2:00 Community Classroom-SDR TBD Beanbag Baseball	<b>4</b> 1:00 Bible Study (Habakkuk) with Rhonda PDR 3:00 Rummikub LSL	<b>5</b> 1:00 Senior Fitness Class SDR 1:45 Armchair Travels MR	<b>6</b> 3:30 Bingo SDR 6:30 Movie Night MR	
<b>7</b> 3:30 Cards LSL	<b>8</b> 11:00 Skip-Bo AR 1:00 Senior Fitness Class SDR 2:15 Walmart	<b>9</b> 11:00 Book Club LSL 2:00 Music with Mike C.! LDR 3:30 Easter Egg Stuffing AR	<b>10</b> 10:00 Town Hall Meeting SDR 1:00 Senior Fitness Class SDR TBD Beanbag Baseball	<b>11</b> 1:00 Bible Study (Habakkuk) with Rhonda PDR 2:00 Men's Group AR 3:00 Rummikub LSL	<b>12</b> 10:00 Manicures MR 1:00 Senior Fitness Class SDR 1:45 Armchair Travels MR 5:00 Pizza and Beer Night	<b>13</b> 10:30 The Shores Annual Easter Egg Hunt 2:30 Bingo SDR 6:30 Movie Night MR	
<b>14</b> 1:30 El Arte Uncorked AR 3:30 Cards LSL	<b>15</b> 11:00 Fareway 1:00 Senior Fitness Class SDR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR	<b>16</b> 11:00 Book Club LSL 3:00 Jewelry AR	<b>17</b> 11:00 How to Use Exercise Machines ER 1:00 Senior Fitness Class SDR TBD Beanbag Baseball	<b>18</b> 9:30 Pet Therapy LSL 1:00 Bible Study (Habakkuk) with Rhonda PDR 2:00 Music with Jerry Michael!! LDR 3:00 Rummikub LSL	<b>19</b> 10:45 Drake's Dinner 1:00 Senior Fitness Class SDR 1:45 Armchair Travels MR 3:00 Happy Hour LSL	<b>20</b> 2:30 Bingo SDR 6:30 Movie Night MR	
<b>21</b> Happy Easter 3:30 Cards LSL	<b>22</b> 9:30 Tulip Time (Pella, IA) Weather Permitting 11:00 Skip-Bo AR 1:00 Senior Fitness Class SDR	<b>23</b> 11:00 Book Club LSL 3:00 Games AR	<b>24</b> 10:00 Walmart 1:00 Senior Fitness Class SDR TBD Beanbag Baseball	<b>25</b> 1:00 Bible Study (Habakkuk) with Rhonda PDR 2:00 Music with Dave Gray! LDR 3:00 Rummikub LSL	<b>26</b> 10:00 Manicures 1:00 Senior Fitness Class SDR 1:45 Armchair Travels MR 3:30 Happy Hour LSL	<b>27</b> 2:30 Bingo SDR 6:30 Movie Night MR	
<b>28</b> 3:30 Cards LSL	<b>29</b> 10:00 Target 11:00 Skip-Bo AR 1:00 Senior Fitness Class SDR 4:30 Chili's (Ankeny)	<b>30</b> 11:00 Book Club LSL 3:00 Games AR	<b>KEY</b> AR = Activity Room 2nd Floor (Aviary) MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor PDR = Private Dining RM 1st Floor LSL = Lakeside Lounge 1st Floor				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Special events are in Red.</b> <b>Bus outings are in Blue.</b></p>	<p><b>1</b> 9:30 Current Events 10:00 Roll and Rhyme 1:30 Practical Jokers <b>2:00 Group Exercises</b> 3:30 Sing-Along 2 6:00 Sorting/Organizing 6:30 Paint By Numbers</p>	<p><b>2</b> 9:30 Current Events 10:00 Spiritual time with Michelle 1:30 Cooking Club 2:30 Timeslips 3:30 Iowa Books 5:30 Group Walk 6:00 Book on CD</p>	<p><b>3</b> 9:30 Current Events 10:00 Name that Sound (CD) 10:30 Picture This <b>1:00 Storyteller</b> <b>2:00 Group Exercises</b> 3:30 Magic Memory 5:30 Bingo 6:30 Coloring</p>	<p><b>4</b> 9:30 Current Events 10:00 Finish the Photo Craft 11:00 Timeslips 2:00 Ball Toss 3:30 Reminisce Magazine 6:00 What Am I?</p>	<p><b>5</b> 9:30 Current Events 10:00 Poem Categories 1:30 Travelogue <b>2:00 Group Exercises</b> 3:30 Listen to Music 6:00 Progressive Relax. 6:30 Picture Books</p>	<p><b>6</b> 9:30 Current Events 10:00 Hand Massages 10:30 Word Search 1:30 Bingo 2:30 Sorting 3:30 Sing A-Long 1 6:00 Drawer Detective 6:30 Movie Night</p>
	<p><b>7</b> 9:30 Current Events 10:00 Parachute 10:30 Nail Care 1:30 Bingo 2:30 Radio Show CD 3:30 Picture Books 6:00 Family Feud 6:30 Listen to Music</p>	<p><b>8</b> 9:30 Current Events <b>10:00 Scenic Ride</b> 1:30 Random Trivia <b>2:00 Group Exercises</b> 3:30 Sing-Along 2 6:00 Sorting/Organizing 6:30 Paint By Numbers</p>	<p><b>9</b> 9:30 Current Events 10:00 Spiritual time with Michelle 1:30 Cooking Club 2:30 Timeslips 3:30 Iowa Books 5:30 Group Walk 6:00 Book on CD</p>	<p><b>10</b> 9:30 Current Events 10:00 Name that Sound (CD) 10:30 Clean Categories 1:30 Sing Along Hymns <b>2:00 Group Exercises</b> 3:30 Magic Memory 5:30 Bingo 6:30 Reminiscing</p>	<p><b>11</b> 9:30 Current Events 10:00 Mod Mixed Media Tree Craft 11:00 Timeslips 2:00 Ball Toss 3:30 Reminisce Magazine 6:00 What Am I?</p>	<p><b>12</b> 9:30 Current Events 10:00 Remembering Spring-time 1:00 Coloring Pages <b>2:00 Group Exercises</b> 3:30 Listen to Music 6:00 Beach Visualization Relaxation. 6:30 Picture Books</p>
<p><b>14</b> 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Sorting out Pantry 6:00 Radio Show CD 6:30 Listen to Music</p>	<p><b>15</b> 9:30 Current Events 10:00 Ball Toss 10:30 Stories of the Hat/ Reminisce Cards 1:30 Picture Books <b>2:00 Group Exercises</b> 3:30 Chapter A Day 6:00 Coloring</p>	<p><b>16</b> 9:30 Current Events 10:00 Spiritual time with Michelle 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting</p>	<p><b>17</b> 9:30 Current Events <b>10:00 Scenic Drive</b> 10:30 What's in the Bag? 1:30 Sing-Along 2 <b>2:00 Group Exercises</b> 3:30 Magic Memory 6:00 Bingo</p>	<p><b>18</b> <b>9:30 Pet Therapy LSL</b> 10:30 Egg-quisite Pop Up Cards 11:00 Time Slips 1:30 Name that Singer 3:30 What am I? 6:00 Group Games</p>	<p><b>19</b> 9:30 Current Events 10:00 Watercolor Painting <b>2:00 Group Exercises</b> 3:30 Short Story &amp; Discussion 6:00 Stories of the Hat 6:30 Picture Books</p>	<p><b>20</b> 9:30 Current Events 10:00 Nail Care 10:30 Egg Concentration 1:30 Bean Bag Toss 2:30 Reminiscing <b>3:30 Bagpipers LDR</b> 6:00 Drawer Detective 6:30 Movie Night</p>
<p><b>21</b> 9:30 Current Events 10:00 Balloon Swat 10:30 Bunny Funnies 1:30 Bingo 2:30 Skillset Work 3:30 Picture Books 6:00 Musical Instruments 6:30 Listen to Music</p>	<p><b>22</b> 9:30 Current Events 10:00 Magic Memory 11:00 Sorting/Organizing <b>2:00 Group Exercises</b> 2:45 Capter A Day 3:30 Sing-Along Hymns 6:00 Paint By Numbers</p>	<p><b>23</b> 9:30 Current Events 10:00 Spiritual time with Michelle 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting</p>	<p><b>24</b> 9:30 Current Events <b>10:00 Scenic Drive</b> 11:00 Poem Categories <b>2:00 Group Exercises</b> 3:30 Magic Memory 6:00 Bingo 6:30 Reminiscing</p>	<p><b>25</b> 9:30 Current Events 10:00 Jingle Blooms Door Décor 11:00 Timeslips <b>2:00 Entertainment</b> 3:30 Family Feud 5:30 Group Games 6:30 Listen to Music</p>	<p><b>26</b> 9:30 Current Events 10:00 Octaband 10:30 Remembering Rainy Day Songs 1:30 What Tree Am I? <b>2:00 Group Exercises</b> 3:30 Group Puzzles 6:00 Picture Books</p>	<p><b>27</b> 9:30 Current Events 10:00 Hand Massages 10:30 Group Crossword 1:30 Musical Instruments 2:30 Reminisce Cards 3:30 Sing A-Long Hymns 6:00 Jigsaw Puzzles 6:30 Movie Night</p>
<p><b>28</b> 9:30 Current Events 10:00 Football Toss 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Group Walk 6:00 Puzzles and Ponders 6:30 Listen to Music</p>	<p><b>29</b> 9:30 Current Events <b>10:00 Scenic Drive</b> 1:30 Group Walk <b>2:00 Group Exercises</b> 3:30 Sing-Along 1 6:00 Picture It!</p>	<p><b>30</b> 9:30 Current Events 10:00 Craft 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 "Caption This"</p>				