

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities in Blue require you to sign up in the notebook at the front desk Special events are in Red Lifelong learning events in Green ***** Pinnacle Bank Tues-Wed-Thur 10-2 ***** Patti/Mary Kay-Wed. Dec 5	Resident Christmas Party Thursday, December 20 4-5 p.m. Social Hour-Wmsburg Sq. 4:30-6:30 p.m. Dinner-Dining Room Please no guests, this evening is for residents only.	Bus to the Treasure Trove in Syracuse Christmas Tea Tuesday, December 18 Leave 11:15 Cost: \$15 Sign up in the white notebook at the front desk by Dec. 10	Countdown to 12:00 Noon Monday, December 31 11:30 a.m.-12:30 p.m. Williamsburg Square Music: Jim Williamson Come and toast in the New Year!	Silver Chords Christmas Program Sunday, December 9 2 p.m. Williamsburg Square Family & friends are Invited.	Wed. Dec 5 12:45-1:30 A representative from the post office will be here to sell Holiday stamps, cards and weigh and mail packages on the spot. You must pay with cash or check. No credit cards. They will be in hallway by the Emporium.	1 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie 1:15 Bus to Lied-LSO Deck The Halls
2 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 1:00 Bus NWU-Mama Mia! 2&7 Movie 2:00 Rick Steves European Christmas Video	3 9:00 Rise N Shine 9:30 Linus Blanket Project 10:00 Sing Along with Doris No RAC 2:00 Music & Movement 2:00 Decorate Sacks for Meals on Wheels	4 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 1:00 Silver Chords (Choir) 2:00 Chime Choir	5 9:00 Rise N Shine 10:00 Bible Study 12:45 Post Office Services 1:00 Bible Truths No Bingo 2:00 Adventures with Pastor Renae	6 9:00 Rise N Shine 9:20 Devotions 9:30 AL Polish To Go 1:00 Shopping: Walt Library 2-4 Christmas Open Houses	7 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group 10:30 Catholic Devotions 11:00 Sr. Brain Fitness 1:00 Choir Practice 4:00 Social Hour: Music: JR Gomez	8 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie 1:00 Studio 2 Dancers
9 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2:00 Silver Chords (Choir) Christmas Program 2&7 Movie	10 9:00 Rise N Shine 9:30 Linus Blanket Project 9:30 Coffee with John 2:00 AL Birthday Party 2:30 AL Resident Meeting	11 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 10:00 The Landing SPEAKS No Silver Chords 1:45 Chime Choir 2:30 Chime Choir Program 7:00 Parkinsons Support Group	12 9:00 Rise N Shine 10:00 Bible Study 1:00 Bible Truths 2:00 Christmas Music Billy Troy No Bingo	13 9:00 Rise N Shine 9:00 Tabitha Vital Signs 9:20 Devotion 9:30 Polish To Go 1:00 Shopping-CVS 2:00 Retirement Party for Chef Mike 7:00 Speaker: John Chapo	14 10:00 Pitch 10:00 Writing Group 11:00 Move & Groove 11:00 Sr. Brain Fitness 4:00 Social Hour Music: Chris Sayre	15 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
16 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie	17 9:00 Rise N Shine 9&1 Foot Dr, 9:30 Linus Blanket Project 2:00 Resident Quarterly Meeting	18 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 11:15 Bus to Treasure Trove No Choir or Chimes 2:00 Celebration of Life Service	19 9:00 Rise N Shine 10:00 Bible Study 1:00 Bible Truths 2:00 Bingo 6:00 Christmas Light Tour 7:30 Christmas Light Tour	20 9:00 Rise N Shine 9:00 Christensen Audiology 9:20 Devotions 9:30 AL Polish To Go 1:00 Shopping: Target 4:00 Resident Christmas Social Hour Music: The Links	21 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group 11:00 Move & Groove 11:00 Sr. Brain Fitness No Social Hour	22 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
23 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie	24 9:00 Rise N Shine 9:30 Linus Blanket Project 2:00 Christmas Eve Service	25 Merry Christmas! Buffet 11 a.m. - 1 p.m. Thrive Closed No Transportation	26 9:00 Rise N Shine 10:00 Bible Study 1:00 Bible Truths 2:00 Bingo No Book Club	27 9:00 Rise N Shine 9:00 Tabitha Vital Signs 9:20 Devotions 9:30 AL Polish To Go 1:00 Shopping: Walgreens	28 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group No Sr. Brain Fitness 4:00 Social Hour Music: Anne Bremer	29 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
30 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie	31 11:30 Countdown to 12:00 Noon-Williamsburg Sq.					

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<p>FAMILY SWIM EXPANDED</p> <p>EVERY WEDNESDAY 4:30 - 5:30 p.m.</p> <p>EVERY SATURDAY 9:30 - 11 a.m.</p>	<p><u>Location Key</u></p> <p>Williamsburg Square</p> <p>Aerobics Room</p> <p>Swimming Pool</p>					<p>1</p> <p>8:15 Aqua Fit</p> <p>9:00 Rise N Shine</p> <p>10:00 SilverBoot (camp)</p>
2	<p>3</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p> <p>2:00 Movement & Music</p>	<p>4</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>5</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:30 Pickle Ball</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>1:30 EZ Tai Chi</p> <p>2:00 Tai Chi</p> <p>4:00 Scoot N Boot</p>	<p>6</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>7</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>8</p> <p>8:15 Aqua Fit</p> <p>9:00 Rise N Shine</p> <p>10:00 SilverBoot (camp)</p>
9	<p>10</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>11</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>12</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:30 Pickle Ball</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>1:30 EZ Tai Chi</p> <p>2:00 Tai Chi</p> <p>4:00 Scoot N Boot</p>	<p>13</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>14</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>15</p> <p>8:15 Aqua Fit</p> <p>9:00 Rise N Shine</p> <p>10:00 SilverBoot (camp)</p>
16	<p>17</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>18</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>19</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:30 Pickle Ball</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>1:30 EZ Tai Chi</p> <p>2:00 Tai Chi</p> <p>4:00 Scoot N Boot</p>	<p>20</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>21</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>22</p> <p>8:15 Aqua Fit</p> <p>9:00 Rise N Shine</p> <p>10:00 SilverBoot (camp)</p>
23 / 30	<p>24 / 31</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>25 Christmas Day</p> <p>Closed for the Holiday</p>	<p>26</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:30 Pickle Ball</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>1:30 EZ Tai Chi</p> <p>2:00 Tai Chi</p> <p>4:00 Scoot N Boot</p>	<p>27</p> <p>9:00 Rise N Shine</p> <p>9:00 Yoga Flow</p> <p>10:00 Cardio Blast Dance</p> <p>10:45 SilverSneakers®</p> <p>2:00 Splash Attack!</p> <p>4:45 Aqua Fit</p> <p>5:00 SilverBoot (camp)</p>	<p>28</p> <p>8:15 Cardio Tone</p> <p>9:00 Rise N Shine</p> <p>9:00 Move & Go Thru H2O</p> <p>10:30 Aqua Fit</p> <p>12:30 Jazzercise Lite®</p> <p>2:00 Splash Attack!</p>	<p>29</p> <p>8:15 Aqua Fit</p> <p>9:00 Rise N Shine</p> <p>10:00 SilverBoot (camp)</p>