

# April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities in <b>Blue</b> require you to sign up in the notebook at the front desk Special events are in <b>Red</b> Lifelong learning events in <b>Green</b> ***** <b>Pinnacle Bank</b> <b>Tues-Wed-Thru 10-2</b> ***** <b>Patti/Mary Kay-Wed. April 3</b>	<b>1</b> 9:00 Rise N Shine 9:30 Linus Blanket Project 10:00 Sing Along with Doris 1:00 RAC 2:00 Music & Movement	<b>2</b> 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 1:20 Silver Chords (Choir) 2:00 Lenten Service Choir to Sing No Chimes IL Birthday Celebration	<b>3</b> 9:00 Rise N Shine 10:00 Bible Study 10:30 Music by Bobby & Christine 1:00 Bible Truths 2:00 Bingo	<b>4</b> 9:00 Rise N Shine 9:20 Devotions 9:30 AL Polish To Go 1:00 Shopping: Kohl's	<b>5</b> 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group 10:30 Catholic Devotions 11:00 Sr. Brain Fitness 4:00 Social Hour Music: Wayne Miller	<b>6</b> 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
<b>7</b> 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie 2:00 Rick Steve's Video European Easter	<b>8</b> 9:00 Rise N Shine 9:30 Linus Blanket Project 10:00 Look To The Skies AL Lobby 11:00 Library Meeting 2:00 AL Birthday Party 2:30 AL Resident Meeting	<b>9</b> 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 10:00 The Landing SPEAKS 1:00 Silver Chords (Choir) 2:00 Chime Choir 7:00 Parkinson's Support Gp	<b>10</b> 9:00 Rise N Shine 10:00 Bible Study 10:00 Ted Talk-Video & Discussion 1:00 Bible Truths 2:00 Bingo	<b>11</b> 9:00 Rise N Shine 9:00 Tabitha Vital Signs 9:20 Devotions 9:30 AL Polish To Go 1:00 Shopping: CVS 2:00 Donna Gunn Pianist "Cowboys & Their Horses" 6:15 Bus-SW High School My Fair Lady 7:00 Speaker: Lori Seibel	<b>12</b> 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group 11:00 Sr. Brain Fitness 4:00 Social Hour Music: Chris Sayre	<b>13</b> 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie 6:45 Bus to Lied-LSO
<b>14</b> 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie	<b>15</b> 9:00 Rise N Shine 9:00 IL Foot Dr 9:30 Linus Blanket Project 10:00 Flowers & Dandelions Friend or Foe-AL Lobby 1:00 AL Foot Dr 2:00 Celebration of Life Service	<b>16</b> 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 1:00 Silver Chords (Choir) 2:00 Chime Choir	<b>17</b> 9:00 Rise N Shine 10:00 Bible Study 1:00 Bible Truths 2:00 Speaker: Pat Leach Lincoln City Libraries No Bingo	<b>18</b> 9:00 Rise N Shine 9:00 Christensen Audiology 9:20 Devotion 9:30 AL Polish To Go 1:00 Shopping: Trader Joe's 1:00 Bunco 3:00 Maundy Thursday Service	<b>19</b> 9:00 Rise N Shine 10:00 Pitch 10:00 Writing Group No Sr. Brain Fitness 3:00 Good Friday Service No Social Hour	<b>20</b> 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
<b>21 Easter Sunday</b> 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie	<b>22</b> 9:00 Rise N Shine 9:30 Linus Blanket Project 10:00 Celebrating Earth Day & Arbor Day-AL Lobby 2:00 Liz Shay McCoy Serving Hands Williamsburg Square	<b>23</b> 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 10:00 The Landing SPEAKS 1:00 Silver Chords (Choir) 2:00 Chime Choir	<b>24</b> 9:00 Rise N Shine 10:00 Bible Study 1:00 Bible Truths 1:30 Pet Visit No Bingo 1:00 Immanuel Speaker Series-Adventures of B.O.O.B Girls Author: Joy Johnson 7:00 Book Club	<b>25</b> 9:00 Rise N Shine 9:00 Tabitha Vital Signs 9:20 Devotions 9:30 AL Polish To Go 11:15 Lunch Bunch South 48 Bistro 1:00 Shopping: Walgreens	<b>26</b> 9:00 Rise N Shine 9:30 Live Well Get Fit 10:00 Pitch 10:00 Writing Group No Sr. Brain Fitness 4:00 Social Hour Music: Pam Kraght	<b>27</b> 9:00 Rise N Shine 9:00 Wii Bowling 2&7 Movie
<b>28</b> 10:15 Worship 10:00 Rosary 10:30 Catholic Communion 11-1 Brunch 2&7 Movie 4:00 Scholarship Recognition Event-Williamsburg Square	<b>29</b> 9:00 Rise N Shine 9:30 Linus Blanket Project 10:00 Fun Facts & Trivia AL Lobby 11:00 Res. Life Enrichment Committee	<b>30</b> 9:00 Rise N Shine 9:00 Wii Bowling 9:20 Devotions 10:00 Pitch 10:00 Knit Together 1:00 Silver Chords (Choir) 2:00 Chime Choir	<b>Serving Hands-Lincoln</b> To celebrate 50 yrs. of serving teens of Lincoln, Ne Campus Life has sponsored a public art project called Serving Hands- Lincoln Liz Shay McCoy will be here on Monday, April 22, at 2 p.m. to share pictures of all the hands. Immanuel is a sponsor this year.	<b>Holy Week Services</b> <b>Williamsburg Square</b> Thursday, April 18, 3 p.m. Maundy Thursday Service Friday, April 19, 3 p.m. Good Friday Service Sunday, April 21 Easter Sunday	Pianist Donna Gunn Presents Cowboys & their Horses Thursday, April 11, 2 p.m. Join an 1840's cattle drive across America's Great Plains. Hear through music, the joys, struggles & hardships of the times. You will sing some cowboy favorites & hear Donna perform music by great American composers.	<b>Natl. Volunteer Week-Apr 7-13</b> <b>Thank You to all our</b> <b>volunteers here at</b> <b>The Landing</b> ***** <b>Speaker: Lori Seibel</b> <b>Thursday, April 11, 7 p.m.</b> <b>President &amp; CEO of the</b> <b>Community Health</b> <b>Endowment-Lincoln</b>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>FAMILY SWIM</b>  <b>EVERY WEDNESDAY</b> 4:30 - 5:30 p.m.  <b>EVERY SATURDAY</b> 9:30 - 11 a.m.	<b>1</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Aquatic Bootcamp</b> 2:00 <b>Movement &amp; Music</b>	<b>2</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Splash Attack!</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>3</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:30 <b>Water Walk Challenge</b> 10:30 <b>Aqua Interval</b> 11:30 <b>Jazzercise Lite®</b> 1:30 <b>EZ Tai Chi</b> 2:00 <b>Tai Chi</b> 4:00 <b>Scoot N Boot</b>	<b>4</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Aquatic Bootcamp</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>5</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Splash Attack!</b>	<b>6</b> 8:15 <b>Aqua Fit</b> 9:00 Rise N Shine 10:00 <b>SilverBoot (camp)</b>	
7	<b>8</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Aquatic Bootcamp</b>	<b>9</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Splash Attack!</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>10</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:30 <b>Water Walk Challenge</b> 10:30 <b>Aqua Interval</b> 11:30 <b>Jazzercise Lite®</b> 1:30 <b>EZ Tai Chi</b> 2:00 <b>Tai Chi</b> 4:00 <b>Scoot N Boot</b>	<b>11</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Aquatic Bootcamp</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>12</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Splash Attack!</b>	<b>13</b> 8:15 <b>Aqua Fit</b> 9:00 Rise N Shine 10:00 <b>SilverBoot (camp)</b>	
14	<b>15</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Aquatic Bootcamp</b>	<b>16</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Splash Attack!</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>17</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:30 <b>Water Walk Challenge</b> 10:30 <b>Aqua Interval</b> 11:30 <b>Jazzercise Lite®</b> 1:30 <b>EZ Tai Chi</b> 2:00 <b>Tai Chi</b> 4:00 <b>Scoot N Boot</b>	<b>18</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Aquatics Bootcamp</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>19</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Splash Attack!</b>	<b>20</b> 8:15 <b>Aqua Fit</b> 9:00 Rise N Shine 10:00 <b>SilverBoot (camp)</b>	
21	<b>22</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Aquatic Bootcamp</b>	<b>23</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Splash Attack!</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>24</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:30 <b>Water Walk Challenge</b> 10:30 <b>Aqua Interval</b> 11:30 <b>Jazzercise Lite®</b> 1:30 <b>EZ Tai Chi</b> 2:00 <b>Tai Chi</b> 4:00 <b>Scoot N Boot</b>	<b>25</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Aquatic Bootcamp</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>	<b>26</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 9:30 <b>Live Well-Get Fit</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Splash Attack!</b>	<b>27</b> 8:15 <b>Aqua Fit</b> 9:00 Rise N Shine 10:00 <b>SilverBoot (camp)</b>	
28	<b>29</b> 8:15 <b>Cardio Combo</b> 9:00 Rise N Shine 9:00 <b>Move &amp; Flex</b> 10:30 <b>Aqua Interval</b> 12:30 <b>Jazzercise Lite®</b> 2:00 <b>Aquatic Bootcamp</b>	<b>30</b> 9:00 Rise N Shine 9:00 <b>Yoga Flow</b> 10:00 <b>Cardio Blast</b> 10:45 <b>SilverSneakers®</b> 2:00 <b>Splash Attack!</b> 4:45 <b>Aqua Fit</b> 5:00 <b>SilverBoot (camp)</b>			Tuesdays & Thursdays 1:30 <b>EZ Tone</b>  Village Theater	The Pickle Ball Court will be available whenever classes are not being held in the aerobics studio.	<b>Location Key</b> Williamsburg Square  <b>Aerobics Room</b>  <b>Swimming Pool</b>  <b>Assisted Living Theater</b>