

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY CC/CD - Classroom C/D CS - Coffee Spot LR - Living Room PDR - Private Dining Room IDR - Independent Dining Room ADR - Assisted Dining Room ALT - Assisted 2nd Floor	Special events are in RED . Lifelong Learning activities are in GREEN . Recurring events are in BLUE .	Activities in BOLD BLACK require residents to sign up for the event. The binder is on the counter in the business office.		1 11:00 Rosary-PDR 1:30 Birthday Party-IDR 3:30 March Madness Activities-IDR 7:00 Bingo-IDR	2 10:30 Project Work-CS 1:30 Movie-LR 6:30 Church Basement Ladies-IWCC	
3 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR 4:00 Texas Roadhouse	4 10:00 Welcome Committee -PDR 11:30 Coffee & Jesus-PDR 12:30 Quilting- CD 1:30 Music & Manicures-LR 2:00 Choir Practice-TCY 7:00 Bingo-IDR	5 10:00 Grocery Shopping: Hy-Vee 2-4 Mardi Gras Festivities 6:15 Skip-Bo-CS	6 10:30 Ecumenical Ash Wednesday Worship -LR 1:00 Papillion Middle School Show Choir-LR 2:00 Taste of Trinity-IDR 3:00 Wii Bowling-LR 7:00 Bingo-IDR	7 10:30 Resident Meeting-CD 1:00 American Democracy Exhibit 6:15 Dominoes-CS	8 11:00 Rosary-PDR 11:30 Pato Laco Mexican Restaurant & Cupcakes 3:00 Wayne Miller-LR 7:00 Bingo-IDR	
10 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	11 11:30 Lunch Bunch: Ollie & Hobbs 2:00 Choir Practice-TCY 3:00 Dart Ball-LR 7:00 Bingo-IDR	12 10:00 Grocery Shopping: Family Fare 1:30 Trivia-CC 2:30 Cathie Fife-LR 6:15 Skip-Bo-CS Movie Outing: Time & Movie TBD	13 10:30 Bible Study-PDR 11:30 VNA Speaker-CC 1:00 Activity Meeting-CS 2:00 Village Chapel-LR 3:00 Wii Bowling-LR 7:00 Bingo-IDR	14 ANB 9:10-9:30 10:30 Massages-CC 12:30 Open Door Mission 6:15 Dominoes-CS	15 11:00 Rosary-PDR 2:00 Henry Doorly Zoo Visit-LR 3:30 March Madness Updates-IDR 7:00 Bingo-IDR	
17 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	18 10:30 Dale Martell-LR 11:30 Coffee & Jesus-PDR 12:30 Quilting-CD 2:00 Choir Practice-TCY 3:30 Wii Golf-LR 7:00 Bingo-IDR	19 10:00 Grocery Shopping: Fareway 1:30 Explorer's Drive 2:30 Painting with Veronika-LR 6:15 Skip-Bo-CS 6:30 Capturing The Impossible @ HPAC	20 10:30 Bible Study-PDR 1:30 Music & Manicures-LR 2:00 RAC Meeting-CD 3:30 Social Drumming-LR 7:00 Bingo-IDR	21 7-9 Breakfast Bash 1:00 Movie & Popcorn-LR 6:15 Dominoes-CS 6:30 Bridges of Madison County @ Omaha Community Playhouse	22 9:30 Preschool Teddy Bear Share-LR 11:00 Rosary-PDR 12:30 Cooking Club-FLC Kitchen 3:00 Name That Tune-IDR 7:00 Bingo-IDR	
24/31 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	25 11:30 Lunch Bunch: Jerzee's 2:00 Choir Practice-TCY 3:00 Guess Who?-CS 7:00 Bingo-IDR	26 10:00 Grocery Shopping: Target 1:00 Bowling @ Papio Bowl 6:00 Pet Therapy-LR 6:15 Skip-Bo-CS 7:00 Prairie Rose Ensemble-LR	27 10:30 Bible Study-PDR 11:30 Dominoes-Chicken Foot-CS 2:00 Village Chapel-LR 3:00 Wii Bowling-LR 7:00 Bingo-IDR	28 ANB 9:10-9:30 10:30 Massages-CC 1:00 Shopping Outing 6:15 Dominoes-CS	29 11:00 Rosary-PDR 1:30 Current Events-CS 3:00 Hillbilly Hal-LR 7:00 Bingo-IDR	
					30 10:30 Project Work-CS 1:30 Movie-LR	

March 2019

Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key D = Classroom D C = Classroom C ALE = Assisted Living 2nd Floor Elbow WC = Wellness Center TCY = Trinity Courtyard LR = Living Room east fireplace						1 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Wii Move C 1:00 Meditation C
3	4 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	5 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	6 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	7 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	8 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Wii Move C 1:00 Meditation C	9
10	11 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	12 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	13 9:00 Foundations D 10:00 Fit 4 Life ALE 11:30 VNA Wellness Speaker-C 11:00 Dance Fit C 1:00 Total Body TCY	14 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 10:30 Massage C 11:00 Vitality Training TCY 1:00 Strong Balance C	15 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Wii Move C 1:00 Meditation C	16
17	18 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	19 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	20 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	21 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	22 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Wii Move C 1:00 Meditation C	23
24/31	25 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	26 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 11:00 Vitality Training TCY 1:00 Strong Balance C	27 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Dance Fit C 1:00 Total Body TCY	28 9:00 Aerobic Fit C 10:00 Sit, Flex & Tone C 10:30 Massage C 11:00 Vitality Training TCY 1:00 Strong Balance C	29 9:00 Foundations D 10:00 Fit 4 Life ALE 11:00 Wii Move C 1:00 Meditation C	30