

February 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|--|
| <p>All Activities are held in the Activity Room unless noted.</p> | |  | | | <p>1</p> <p>9:30 Faith Study-FDR 10:30 Exercises 11:00 Live Well/Get Fit 2:30 Aging Partners Traci: "Old Dogs, New Tricks and Little White Lies"</p> | <p>2</p> <p>9:30 Bible Study with Eleanor-FDR 10:30 Rosary 2:00 Saturday Movie</p> |
| <p>3</p> <p>10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Sunday Movie</p> | <p>4</p> <p>9:30 Catholic Mass 10:30 Exercises 1:00 Barber 1:30 Town Hall Meeting 2:15 Bridge-FDR 2:30 Stretch & Balance 2:30 Decorate Sacks</p> | <p>5</p> <p>9:30 Walking Club 10:30 Exercises 11:00 Trivia 2:30 Dining Committee 4:00 Protestant Chapel & Communion</p> | <p>6</p> <p>10:30 Exercises 11:00 Trivia 1:15 Target 2:30 Tai Chi-Jesse 3:15 Bingo 6:00 Wii Bowling</p> | <p>7</p> <p>9:30 Men's Coffee 10:30 Exercises 1:30 Speaker Series 2:00 Library Time-LIB 2:00 Bible Study-FDR 3:00 Chimes-FDR 4:30 Chapel-Calvary</p> | <p>8</p> <p>9:30 Faith Study-FDR 10:30 Exercises 11:00 Trivia 2:30 Good Ole Music with "Just Us"</p> | <p>9</p> <p>10:30 Rosary 2:00 Saturday Movie</p> |
| <p>10</p> <p>10:30 Catholic Communion 1:30 Worship with Pastor Kate and Communion 2:30 Sunday Movie</p> | <p>11</p> <p>9:30 Catholic Mass 10:30 Exercises 11:00 Trivia 1:00 Bridge-FDR 2:30 Stretch & Balance 3:15 Card Bingo</p> | <p>12</p> <p>9:30 Walking Club 10:30 Exercises 11:00 Trivia 2:30 Three Chords & a Cloud of Dust 3:15 Root Beer Floats</p> | <p>13</p> <p>10:30 Exercises 11:00 Trivia 1:15 Walgreens 2:30 Tai Chi-Jesse 3:15 Bingo 6:00 Wii Bowling</p> | <p>14</p> <p>10:30 Exercises 1:00 Wii Bowling 1:30 Bookmobile 2:00 Library Time-LIB 2:00 Bible Study-FDR 3:00 Chime-FDR 4:30 Chapel-Eastridge 5:15 Valentine Dinner</p> | <p>15</p> <p>9:30 Faith Study-FDR 10:30 Exercises 11:00 Trivia 2:30 Music with Larry & Shirley</p> | <p>16</p> <p>9:30 Bible Study with Eleanor-FDR 10:30 Rosary 2:00 Saturday Movie</p> |
| <p>17</p> <p>10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Sunday Movie</p> | <p>18</p> <p>9:30 Catholic Mass 10:30 Exercises 11:00 Trivia 1:00 Bridge-FDR 2:30 Stretch & Balance 3:00 Card Bingo/Interim</p> | <p>19</p> <p>9:30 Walking Club 10:30 Exercises 11:00 Trivia 2:45 Birthday Party Ruth at the Piano</p> | <p>20</p> <p>10:30 Exercises 11:00 Here's To Your Health/Interim 1:15 Super Saver 2:30 Tai Chi-Jesse 3:15 Bingo 6:00 Wii Bowling</p> | <p>21</p> <p>9:30 Men's Coffee 10:30 Exercises 1:00 Wii Bowling 2:00 Library Time-LIB 2:00 Bible Study-FDR 3:00 Chimes-DR 4:30 Chapel-Methodist</p> | <p>22</p> <p>9:30 Ladies Coffee 10:30 Exercises 11:00 Live Well/Get Fit 1:15 CJ Book Club 2:45 Happy Hour Ruth with Piano</p> | <p>23</p> <p>10:30 Rosary 2:00 Saturday Movie</p> |
| <p>24</p> <p>10:30 Catholic Communion 1:30 Worship and Communion with Pastor Kate 2:30 Sunday Movie</p> | <p>25</p> <p>9:30 Catholic Mass 10:30 Exercises 2:30 Stretch & Balance 3:15 New Resident Welcome Social</p> | <p>26</p> <p>9:00 NE Hearing-FDR 9:30 Walking Club 10:30 Exercises 11:00 Trivia 2:30 Card Bingo 4:00 Celebration of Life</p> | <p>27</p> <p>10:30 Exercises 11:00 Trivia 1:15 Shopko 2:30 Tai Chi-Jesse 3:15 Bingo 6:00 Wii Bowling</p> | <p>28</p> <p>10:30 Exercises 1:00 Wii Bowling 1:30 Bookmobile 2:00 Library Time-LIB 2:00 Bible Study-FDR 3:00 Chimes-FDR 4:30 Chapel-Zion</p> | | <p>SCR = South Community Room FDR = Family Dining Room NR=North Community Room CH = Kessler Chapel</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | 1 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 11:00 Get Well Get Fit | 2 |
| 3 | 4 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Stretch Class-AR | 5 9:30 Walking Club 10:30 Cardio Pump-AR | 6 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Tai Chi-AR | 7 10:30 Cardio Pump-AR | 8 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR | 9 |
| 10 | 11 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Stretch Class-AR | 12 9:30 Walking Club 10:30 Cardio Pump-AR | 13 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Tai Chi-AR | 14 10:30 Cardio Pump-AR | 15 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR | 16 |
| 17 | 18 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Stretch Class-AR | 19 9:30 Walking Club 10:30 Cardio Pump-AR | 20 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Tai Chi-AR | 21 10:30 Cardio Pump-AR | 22 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 11:00 Get Well Get Fit | 23 |
| 24 | 25 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Stretch Class-AR | 26 9:30 Walking Club 10:30 Cardio Pump-AR | 27 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR 2:30 Tai Chi-AR | 28 10:30 Cardio Pump-AR | Location Key AR = Activity Room AAL = Advanced Assisted Living | |