


December 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| 30 3:00 Calvary Apostolic Church LDR 3:30 Dominoes LSL | 31 11:00 Bible Study PRD |  | KEY AR = Activity Room 2nd Floor MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor PDR = Private Dining RM 1st Floor LSL = Lakeside Lounge 1st Floor | | Activities in Blue require you to sign up in the notebook at the front desk. Special events are in Red . | 1 10:00 Rosary Prayer PDR 1-3 Annual Shopping Spree LDR 3:30 Bingo SDR 6:30 Movie Night MR |
| 2 3:00 Calvary Apostolic Church LDR 3:30 Dominoes LSL 6:00 Christmas Carolers LDR | 3 11:00 Bible Study PRD 12:00 Chair Massages LDR 1:30 Walmart 6:00 Jolly Holiday Lights | 4 10:15 Senior Fitness Nest 11:00 Book Club PDR 3:00 Games Nest | 5 9:30 Walking Club LSL 10:00 Wellness Wednesday 1:30 Holiday Headband Craft SDR 6:30 Christmas Carols and Crafts LDR | 6 10:15 Senior Fitness Nest 2:00 Men's Group Nest 3:00 Rummikub LSL | 7 9:30 Valley West Mall Outing 1:45 Armchair Travels MR 3:00 Manicures 5:00 Pizza and Beer Night | 8 10:00 Rosary Prayer PDR 2:30 Bingo SDR 6:30 Movie Night MR |
| 9 3:00 Calvary Apostolic Church LDR 3:30 Dominoes LSL | 10 10:00 Walking Club LSL 11:00 Bible Study PDR 1:30 Hy-Vee 7:00 Greater DSM Band | 11 10:15 Senior Fitness Nest 11:00 Book Club PDR 3:00 Games Nest 6:00 Jolly Holiday Lights | 12 10:00 Town Hall Meeting SDR 3:30 New Resident Social SDR 6:00 Jolly Holiday Lights | 13 10:15 Senior Fitness 2:00 Music with Rick Ludwig LDR 3:00 Rummikub LSL | 14 11:00 Lunch at Claxton's Smokehouse 1:45 Armchair Travels MR 3:30 Happy Hour LSL | 15 10:00 Rosary Prayer PDR 2:30 Bingo SDR 6:30 Movie Night MR |
| 16 3:00 Calvary Apostolic Church LDR 3:30 Dominoes LSL | 17 10:00 Target 1:15 PH Kids Band and Choir LDR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR | 18 10:15 Senior Fitness 11:00 Book Club PDR 1:30 Worship Service with Michelle SDR 3:00 Jewelry: Holiday Earrings Nest 6:15 Carolers LDR | 19 10:00 Dollar Tree 1:30 Library Outing 4:00 Supper at Triple Crown Buffet | 20 9:30 Pet Therapy LSL 10:15 Senior Fitness 2:00 Music with Jerry Michael LDR 3:00 Rummikub LSL 5:30 Resident Holiday Dinner Party | 21 10:00 Manicures MR 1:45 Armchair Travels MR 3:30 Happy Hour LSL | 22 10:00 Rosary Prayer PDR 2:30 Bingo SDR 6:30 Movie Night MR |
| 23 3:00 Prairie City Christian Reform Church LDR 3:30 Dominoes LSL | 24 10:00 Walking Club LSL 10:30 Library 11:00 Bible Study PDR 1:30 Fareway | 25 Merry Christmas 3:00 Resident Led Games Nest | 26 1:30 Resident Led Brain Games LSL | 27 10:15 Senior Fitness Nest 3:00 Rummikub LSL | 28 1:45 Armchair Travels MR 3:00 Games with Copper Creek Kids SDR | 29 10:00 Rosary Prayer PDR 2:30 Bingo SDR 6:30 Movie Night MR |

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|---|---|--|--|--|---|--|
| 30 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Paired Up Shoes 6:00 Radio Show CD 6:30 Listen to Music | 31 9:30 Current Events 10:30 Spice Categories 1:30 Holiday Crossword 2:30 Reminiscing 3:30 Sing-Along 2 6:00 Name that Tune (CD) 6:30 Listen to Music |  | | | Special events are in Red. Bus outings are in Blue. | 1 9:30 Current Events 10:00 Hand Massages 10:30 Word Search 1:30 Bingo 2:30 "Body Language" 3:30 Sing A-Long 6:00 Drawer Detective 6:30 Movie Night |
| 2 9:30 Current Events 10:00 Scarf Exercises 10:30 Neck Massages 1:30 Bingo 2:30 Radio Show CD 3:30 Picture Books 6:00 Family Feud 6:30 Listen to Music | 3 9:30 Current Events 10:00 Scenic Ride 1:30 Random Trivia 2:30 Reminiscing 3:30 Sing-Along 2 6:00 Name that Tune (CD) 6:30 Listen to Music | 4 9:30 Current Events 10:00 Spiritual time w/ Michelle 10:15 Senior Fitness 1:30 Cooking Club 2:30 Group Walk 3:30 Iowa Books 6:00 Book on CD | 5 9:30 Current Events 10:00 Name that Sound (CD) 10:30 Picture This 1:30 Sing Along Hymns 2:00 Storyteller 5:30 Bingo 6:30 Crafts and Carols with Kids LDR | 6 9:30 Current Events 10:15 Senior Fitness 1:15 Music Therapy 2:00 Ornament Craft 3:30 Group Walk 4:00 Pet Therapy 6:00 What Am I? | 7 9:30 Current Events 10:00 Scarf Exercises 10:30 We've Got Rhythm 1:30 Travelogue 2:30 December Crossword 3:30 Listen to Music 6:00 Progressive Relax. 6:30 Picture Books | 8 9:30 Current Events 10:00 Hand Massages 10:30 Basketball 1:30 Musical Instruments 2:30 Reminisce Cards 3:30 Sing A-Long 4 6:00 Jigsaw Puzzles 6:30 Movie Night |
| 9 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Paired Up Shoes 6:00 Radio Show CD 6:30 Listen to Music | 10 9:30 Current Events 10:00 Ball Toss 10:30 Stories of the Hat 1:30 Picture Books 2:30 Sing-Along 1 3:30 Chapter A Day 7:00 Greater DSM Band LDR | 11 9:30 Current Events 10:00 Spiritual time w/ Michelle 10:15 Senior Fitness 1:30 Cooking Club 2:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting | 12 9:30 Current Events 10:00 Music 10:30 Sensory Stockings 1:30 Outing 2:30 Balloon Toss 3:30 Outburst 6:00 Bingo | 13 9:30 Current Events 10:15 Senior Fitness 1:15 Music Therapy 2:00 Entertainment 3:30 Who am I? 6:00 Group Games | 14 9:30 Current Events 10:00 Button Card Craft 2:30 Winter Trivia 3:30 Football Toss 6:00 Stories of the Hat 6:30 Picture Books | 15 9:30 Current Events 10:00 Hand Massages 10:30 Making a List 1:30 Bean Bag Toss 2:30 Reminiscing 3:30 Sing A-Long 3 6:00 Drawer Detective 6:30 Movie Night |
| 16 9:30 Current Events 10:00 Balloon Swat 10:30 Puzzles and Ponders 1:30 Bingo 2:30 Skillset Work 3:30 Picture Books 6:00 Musical Instruments 6:30 Listen to Music | 17 9:30 Current Events 10:00 Bingo! 1:15 PH Kids Band and Choir Concert 2:30 Capter A Day 3:30 Sing-Along Hymns 5:30 Jolly Holiday Lights | 18 9:30 Current Events 10:00 Spiritual time w/ Michelle 10:15 Senior Fitness 1:30 Worship Service SDR 2:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting | 19 9:30 Current Events 10:00 Ball Toss 10:30 Sugar Categories 1:30 Remembering a Day in the Snow 3:30 Outburst 6:00 Bingo 6:30 Reminiscing | 20 9:30 Current Events 10:15 Senior Fitness 1:15 Music Therapy 2:00 Entertainment 4:00 Pet Therapy 5:30 Holiday Party | 21 9:30 Current Events 10:00 Scarf Exercises 10:30 Holiday Music Trivia 1:30 Short Story 2:00 Mitten Craft 3:30 Bowling 6:00 Picture Books | 22 9:30 Current Events 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 2:30 Reminisce Cards 3:30 Sing A-Long Hymns 6:00 Jigsaw Puzzles 6:30 Movie Night |
| 23 9:30 Current Events 10:00 Football Toss 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Group Walk 6:00 Puzzles and Ponders 6:30 Listen to Music | 24 9:30 Current Events 10:00 Bingo! 1:30 Group Walk 2:30 Capter A Day 3:30 Sing-Along 1 6:00 Name that Holiday Song 6:30 Holiday Reminiscing | 25 Merry Christmas! 9:30 Current Events 10:00 Picture This 1:30 Star of the Month 2:30 Group Walk 6:00 Book on CD 6:30 Christmas Coloring Pages | 26 9:30 Current Events 10:00 "Men and Christmas" 10:30 Discuss and Recall 1:30 Sing Along 2 3:30 Outburst 6:00 Bingo | 27 9:30 Current Events 10:15 Senior Fitness 1:15 Music Therapy 2:00 Snowfall Craft 3:30 Group Walk 6:00 Group Games | 28 9:30 Current Events 10:00 Wellness: Hugs Matter 10:30 Plants and Animals 1:30 List It! 2:30 Random Trivia 3:30 Foot/Ball Toss 6:00 Picture Books | 29 9:30 Current Events 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 2:30 Reminisce Cards 3:30 Sing A-Long Hymns 6:00 Jigsaw Puzzles 6:30 Movie Night |